Wisconsin Society for Parenteral and Enteral Nutrition’s 37th Annual Fall Symposium

September 24, 2019
8:00am-4:30pm
Aurora Health Center - Summit
36500 Aurora Drive
Summit, WI 53066
Audience

WiSPEN is pleased to host its 37th Annual Symposium to a multidisciplinary audience of dietitians, pharmacists, physicians, nurses and students.

Speakers

Mike Nyffeler, PharmD
Staff Pharmacist
Clinical Specialist in Pain Management and Nutrition Support
Meriter Hospital
Madison, WI

Jo Weis, PhD
Associate Professor
Department of Psychiatry and Behavioral Medicine
Medical College of Wisconsin
Milwaukee, WI

Jonathan Gully, MD
Associate Professor
Department Medicine
Medical College of Wisconsin
Milwaukee, WI

David Shen, MD
Instructor
Division of Gastroenterology
University of Pennsylvania
Philadelphia, PA

Jayshil Patel, MD
Associate Professor
Division of Pulmonary and Critical Care Medicine
Froedtert and the Medical College of Wisconsin
Milwaukee WI

Daniel A. Sturgill, MD
Assistant Professor
Medical College of Wisconsin
Department of Medicine,
Division of Nephrology
Milwaukee, WI

Register online and pay by credit card
www.nutritioncare.org/wispen2019
Program Agenda
September 24, 2019

8:00 – 8:25 am | Registration and Display Visitation

8:25 – 8:30 am | Welcome
WiSPEN President-Lynn Koepke, RD, CD, CNSC

8:30 – 9:30 am | Drug Nutrient Interactions and Do’s and Don’ts using PEG and JPEG
Mike Nyffeler, PharmD
ACPE #: 0499-9999-19-015-L01-P (0.1 CEU)

9:30 – 10:30 am | Nutritional Challenges at the End of Life
Jo Weis, PhD, and Jonnathan Gully, MD
ACPE #: 0499-9999-19-016-L01-P (0.1 CEU)

10:30 – 11:00 am | Displays

11:00 a.m. – Noon | The Role of Nutrition in Modifying the Microbiome
David Shen, MD
ACPE #: 0499-9999-19-017-L01-P (0.1 CEU)

Noon – 1:15 pm | Lunch and WiSPEN Business Meeting

1:15 – 2:15 pm | Does Clinical Equipoise Exist for Protein Dose in Critical Illness?
Jayshil Patel, MD
ACPE #: 0499-9999-19-018-L01-P (0.1 CEU)

2:15 – 2:30 pm | Break

2:30 – 3:30 pm | Nutrition Support in Acute and Chronic Kidney Injury
Daniel A. Sturgill, MD
ACPE #: 0499-9999-19-019-L01-P (0.1 CEU)

3:30 – 4:30 pm | Breakout Sessions (0.1 CEU)
Nutritional Interventions for Acute Kidney Disease and Dialysis

Daniel A. Sturgill, MD
Assistant Professor Medical College of Wisconsin
Department of Medicine, Division of Nephrology
Milwaukee, WI
ACPE #: 0499-9999-19-020-L01-P (0.1 CEU)

Low FODMAP Diet

Amanda Motl, RD, CD, CDE
Registered Dietitian Outpatient and Inpatient, Aurora Medical Center,
Summit, WI
ACPE #: 0499-9999-19-021-L01-P (0.1 CEU)

Objectives

Our educational objectives are to discuss the most recent research in the field of nutrition support. All our topics are knowledge-based with the following objectives:

Drug Nutrient Interactions and Do’s and Don’ts using PEG and JPEG

• Review definitions that describe the various types of drug-nutrient interactions.
• Describe selected drug-nutrient interactions and enteral feedings.
• Discuss potential treatment options to address drug-nutrient interactions.

Nutritional Challenges at the End of Life

• Discuss the psychological and societal tension of anorexia at end-of-life, and the subsequent implications for patient care.
• Identify the elements of the syndrome of imminent death.
• Address caregiver and family concerns about the changes they observe in the eating habits of their loved one.
• Critique arguments supporting benefits ad burdens of artificial hydration and nutrition in the dying patient.
Objectives

The Role of Nutrition in Modifying the Microbiome
- Discuss current concepts in diet-related gut microbiome changes.
- Recognize key metabolites from diet-gut microbiota interactions and relevance to health and disease.
- Discuss the efficacy of dietary interventions for the treatment of inflammatory bowel diseases and their impact on the gut microbiome.

Does Clinical Equipoise Exist for Protein Dose in Critical Illness?
- Determine why protein dose remains such an important question to answer.
- Identify the ‘current state’ of prescribed and received protein during critical illness.
- Outline barriers to achieving prescribed protein during critical illness.
- Identify and appraise current evidence favoring lower protein dose during critical illness as well as current evidence favoring higher protein dose during critical illness.
- Describe clinical equipoise and the need for a stronger evidentiary base.
- Discuss the role of exercise and protein supplementation in optimizing post critical care physical function outcomes.

Nutrition Support in Acute and Chronic Kidney Injury
- Review current guidelines of nutrition support in acute kidney injury
- Review current guidelines of nutrition support in chronic kidney disease
- Discuss cutting edge research in nutrition and renal disease.

Nutritional Interventions for Acute Kidney Disease and Dialysis
- Review the evidence of protein intake through stage of CKD.
- Discuss whether potassium restriction matters in patient with more advanced CKD
- Discuss the nephrology challenges of TPN in anuric and polyuric patient
- Review the challenges CKD patients face with phosphorus and sodium intake.

Low FODMAP Diet
- Review what FODMAPs are and the various subtypes.
- Briefly explain how FODMAP’s contributes to GI symptoms.
- Identify patients which would benefit from a low FODMAP diet.
- Describe the 3 phases of a low FODMAP diet.

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### Registration fees

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*Requires confirmation of student status from an instructor or program director emailed to mywispen@gmail.com.

- Registration fee includes: light breakfast, lunch, seminar and online access to presentations. **No printed booklet.**
- The additional fee for pharmacists is being imposed to partially cover the additional costs of obtaining pharmacy CEUs.
- No PO Box addresses accepted. No walk-ins will be allowed and no online registrations will be accepted after September 17, 2019.
- All requests for refunds, less a $25 administrative fee, will be honored if received prior to September 17, 2019. No refunds will be provided after September 17, 2019.
On-Line Registration

Register online at [www.nutritioncare.org/WISPEN2019](http://www.nutritioncare.org/WISPEN2019). Registrations will not be accepted by mail.

If there are any special diet or handicap needs, please email mywispen@gmail.com by September 17, 2019 (no special dietary requests will be taken after this date).

If you have any questions, please email mywispen@gmail.com.

Registrants will have only online access to presentations, no printed booklet.

**Photography waiver:** I understand that WISPEN and ASPEN may, at its option, make photographs, videos or recordings of WISPEN events, which may include my likeness or participation, and reproduce them in WISPEN and ASPEN educational, news or promotional material, whether in print, electronic or other media, including the WISPEN and ASPEN Web sites and WISPEN and ASPEN managed social media sites. By participating in the WISPEN symposium, I hereby grant WISPEN and ASPEN permission to make, use and distribute such items, and I waive any rights to seek payment or compensation.
**Continuing Education**

- Dietitians - Prior approval for 7 hours of Continuing Professional Education Credits (CPEUs) has been submitted to the Commission of Dietetic Registration.

- Pharmacists - Southeastern Continuing Medical Education Consultants, LLC is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education (CPE). This educational program offers a total of 6 contact hours (0.6 CEUs). Program participants who complete the onsite learning assessment and evaluation will receive 6 live CPE contact hours documented in their individual NABP e-profiles within four to six weeks of the program date.

**Conference Location**

Aurora Health Center – Summit  
36500 Aurora Drive  
Summit, WI 53066

Enter from the Hospital Entrance and proceed to the Draper Room in the Conference Center.

Registration and exhibits will be outside the Draper Room.
Hotel Information

Hilton Garden Inn-Oconomowoc
1443 Pabst Farms Circle
Oconomowoc, WI  53066
262.200.2222

A block of rooms have been reserved starting at $127/night. Rooms will be available until either August 23, 2019 or the block of reserved rooms is depleted.

Reservations
By Phone:
262.200.2222 and request the WISPEN group rate.
On-line:
Hilton Garden Inn Oconomowoc - WiSPEN Block

Directions: I-94, Exit 282 (Dousman/Oconomowoc), North onto WI-67, Right onto Pabst Farms Blvd, Left onto Pabst Farms Circle
WiSPEN. acknowledges the following vendors for supporting the 37th Annual 2019 Fall Symposium:

- Abbott
- Coram
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- Applied Medical
- McKesson
- Ascension at Home
- Option care
- AVANOS
- PHS pediatric home service